

## Top story this week



Well, that's a wrap and in true Beacon style we ended the term on a high! Carnival week at Beacon has been incredible. As well as each class being fully immersed in their chosen country this week, there have been so many wonderful experiences the children have been part of.

Throughout the week as well as learning important facts and knowledge, our children have had the opportunity to try traditional and local cuisine, they have learned songs, new languages, traditions and dance.

Yesterday each class presented their new learning to the whole school and our nursery, preschool and reception children held their very own English street party. To conclude this amazing week of culture and vibrancy we held our very own Carnival Parade from school up to and around the Beacon monument. The whole school came alive, blasting sounds from each of our countries and the music, whistles, cheers and laughter could be heard for miles around. Thank you so much to our families who came and supported our very first carnival parade. The children looked incredible, the perfect way to end the term.

Looking forward to the summer term, the diary is jam packed. The summer term is always filled with wonderful events and experiences and all dates and times will be included in our first newsletter of the summer term.

Wishing you a wonderful Easter holiday, thank you for your continued support.

Kaye





## ★ Key Events for week after half term – Reception and KS1

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Bank Holiday!	Something has appeared in our classroom...	Patterns beyond 10 in Maths.	Learning about how we get to space.	Drop everything and read.
Year 1	Bank Holiday.	Learning about life cycles.	We are going on an adventure.	We are learning to make doubles.	Drop everything and read.
Year 2	Bank Holiday	Brand New PE Unit!	Doubling and Halving Games in Maths	Fun French Thursday	Drop Everything and Read



## Key Events for week after half term – KS2 and ARB

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 3	Bank Holiday!	New Writing Unit: Romeo and Juliet	New PSHE Unit! Changing Me!	Funky French Thursday and NEW PE unit!	Drop Everything and Read!
Year 4	Bank Holiday!	Welcome Back Year 4! A new journey tale in Talk for Writing.	New PSHE Unit! Changing Me!	Funky French Thursday and Beacon Visits	Drop Everything and Read!
Year 5	Bank Holliday!	New Writing Unit: Wait and see...	New PSHE Unit! Changing Me!	Funky French Thursday and NEW PE unit!	Drop Everything and Read!
Year 6	Bank Holiday!	Amazing Algebra – What is it all about?	Finishing off our writing about Charlotte Dymond	Amazing Algebra – Can we use a formula?	Drop Everything and Read
Cosmonauts	Bank Holiday!	Amazing Art	Sensational Science	Cooking	Computing



# BeBrave Believe BeBrilliant

## EYFS 'Highlight of the Week'



### Nursery

This week in Nursery we have been learning about Easter. We have been making Easter decorations and enjoyed listening to a range of Easter stories.

### Pre-School

What a busy week we have had in Pre-school learning about Easter and enjoying a range of Easter themed activities.

We have also been busy making crowns and painting England flags for carnival week.

### Reception

This week in Reception we have been amazing artists. We looked at the work of the artist, Rachel Ruysch and discussed what we liked and disliked. We used a colour wheel to identify colours in nature. We then carefully painted beautiful paintings of Spring flowers.

Have a great Easter and see you all in two weeks!





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## KS1 'Highlight of the Week'



### Year 1

Year 1 have learnt all the different parts of the Easter story this week.

From Palm Sunday through to Easter day, the children made the most amazing comic strips to tell the story.

They have also learnt about the what it means to admire someone and discussed important people in their lives that they admire and why.



### Year 2

Year 2 have had a fantastic time celebrating carnival week! We have loved learning all about Scotland. We started off by looking at the meaning of the flag and identifying Scotland on a map of the United Kingdom. We have also learned a 'Highland Jig' dance, baked traditional Scottish shortbread, designed our own tartan and created some mysterious Loch Ness Monsters. Today, we had a brilliant time parading to the Beacon with the rest of the school to celebrate our country!





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## Lower KS2 'Highlight of the Week'



### Year 3

Year 3 have got fully immersed in Carnival Week learning all about their countries of France and Spain. We have learnt all about the history, culture, geography, cuisine, art and music of these countries and even had a go at creating our own artwork, music and dance based on our knowledge of the countries. Pioneers spent one afternoon creating their very own Ratatouille well Discoverers had a Spanish feast trying and tasting a range of Spanish meats, tapas, Spanish tortilla and Spanish cheesecake. Well done everyone for getting involved and trying new foods.

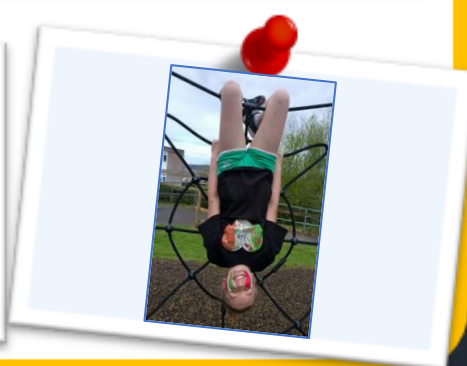
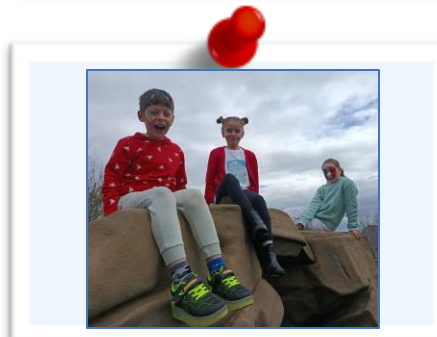
We ended the week dressing up as our countries flags and Parading around the Beacon alongside the whole school. Well done everyone for making such an amazing effort with their outfits. We hope everyone has a brilliant 2 week break and we can't wait to see you all again in the new term!

### Year 4

Well done Year 4 – I can't believe we are at the end of the Easter Term already. This week, children in Year 4 have absolutely loved learning about both Greece and Italy: we have learnt where they are in Europe; about their traditions including dancing; about the food they eat; and the history behind each country's flag.

On Thursday this week, we had the highlight of presenting what we had learnt to the rest of the school and well done to the dancing group in Mrs Mills' class.

Have a lovely and restful Easter Break and we will see you all back for our summer term.





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## Upper KS2 'Highlight of the Week'



### Year 5

This week Comets have had the incredible opportunity to explore India as part of our Carnival Week. We have learned so many amazing facts, such as they grow 40% of the world mangoes, WOW! Highlights include, tasting Indian Cuisine, creating our own Rangoli art and parading up to the Beacon showing off our art work.

Meteors have explored Mexico; learning about the ancient Mayans, local food and drinks and exploring some of the language of this vibrant country. The 'Day of the Dead' celebration certainly caught our attention.

Have a lovely Easter break, keep shining brightly.

### Year 6

Year 6 have thoroughly enjoyed getting to learn about Brazil and China this week as part of our Carnival Week. Highlights have included tasting Chinese food, creating a Samba band and parading around the Beacon as part of our carnival on Friday.

Outside of this, children have loved learning about Charlotte Dymond in their writing, they have excelled with their knowledge of percentages and enjoyed a little class treat on Wednesday afternoon.

Well done Year 6 – enjoy a lovely and thoroughly deserved Easter break.



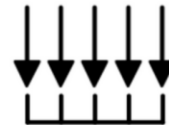




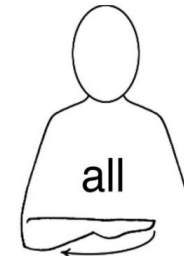
### Cosmonauts

What an amazing end of term we have had this week. Once again, the sun has shone, and we have been able to enjoy lots of fun outdoor learning. We have also spent the week learning about Kenya. We have made necklaces, flags, tie-dyed materials, explored a fizzing animal jungle, tasted and made fruit cocktails of the fruits from Handa's surprise and finished the week with our incredible carnival parade.

### Core word of the week



all





















all





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Who has **SHONE BRIGHTLY** this week?  **Incredible Progress This Term**

<b>Space Voyagers (YR)</b> 	Rogan Cullis	<b>Pioneers (Y3)</b> 	Henry Jones
<b>Space Travellers (YR)</b> 	Leah Bernardo-Martins	<b>Discoverers (Y3)</b> 	Kaleb Blight
<b>Space Adventurers (Y1)</b> 	George Bastable	<b>Supernovas (Y4)</b> 	All of Supernovas
<b>Space Explorers (Y1)</b> 	Teddie Carter	<b>Constellations (Y4)</b> 	All of Constellations
<b>Spaceships (Y2)</b> 	Kacie Gurd	<b>Comets (Y5)</b> 	Sophie Wojcik
<b>Rockets (Y2)</b> 	Enya Laugharne	<b>Meteors (Y5)</b> 	Amy Mellow
<b>Cosmonauts (ARB)</b> 	All Cosmonauts	<b>Aviators (Y6)</b> 	All Aviators
<b>Shine</b> 		<b>Astronomers (Y6)</b> 	All Astronomers
		<b>Astronauts (Y6)</b> 	All Astronauts



## Attendance Information

### How is a Penalty Notice paid?

Penalty notices can be paid by card by calling the office on 01872 324201. Alternatively, payment can be made by cash or cheque at any Cornwall Council Information Service. If the 21st/ 28th day for payment falls on a weekend or bank holiday, payment will be accepted at the same rate on the following working day.

### What happens if a Penalty Notice is not paid?

If a Penalty Notice is not paid within the 28 days of issue (as per the dates listed on the Penalty Notice), Cornwall Council will progress the matter to the Magistrates' Court, for the offence of failing to ensure regular attendance, NOT for failure to pay the fine.

If found guilty:

- under section 444(1), it can result in the parent being fined up to £1000
- under section 444(1A), it can result in the parent being fined up to £2,500 and/or receiving a custodial sentence of up to 3 months

**Cornwall Council may also apply for costs incurred in taking the matter to court.**

### Contact us

Education Welfare Service, New County Hall, Treyew Road, Truro, TR1 3AY

[educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

01872 324298

If you would like this information in another format or language please contact:

Cornwall Council, County Hall,  
Treyew Road, Truro, TR1 3AY

e: [customerservices@cornwall.gov.uk](mailto:customerservices@cornwall.gov.uk)

t: 0300 1234 100



Sept 2024 jn54975  
Photo © iStockphoto.com



Together   
for Families

## Penalty Notices

A guide to Education Welfare Services  
for parents and carers



 [www.cornwall.gov.uk/togetherforfamilies](http://www.cornwall.gov.uk/togetherforfamilies)



## Attendance Information

### What is a Penalty Notice?

A penalty notice is a fine that can be issued under section 444A and section 444B of the Education Act 1996. The fine is issued per parent, per child for:

- Leave of absence of 10 school sessions/5 days or more within any rolling 10 school week\* period during term time, without authorisation from the school. This can include unauthorised absence for a holiday.
- Unauthorised absence of 10 or more sessions/5 days within any rolling 10 school week\* period where a parent fails to provide an explanation for the absence, or where an explanation is provided but the school consider it insufficient to authorise the absence.
- Unauthorised lateness of 10 school sessions within any rolling 10 school week\* period, whereby a child arrives at school after the registers have closed.

**NB a penalty notice can be issued for any combination of the above reasons where there are 10 sessions/5 school days or more of unauthorised absence within any rolling 10 school week period. The unauthorised absence can be consecutive or non-consecutive and can span over two terms (including between academic years).**

Or when

- A pupil is observed in a public place during school hours in the first five school days of a period of exclusion from school, without reasonable justification.

\* a school week is any week in which a school meets at least once.

### Who can be issued with a Penalty Notice?

Parents and carers of a child can be issued with a Penalty Notice. The definition of a 'parent' as set out in section 576 of the Education Act 1996: By virtue of this section 'parent' includes: all natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and any person who, although not a natural parent, has care of a child. Having care of a child means a person who lives with and looks after a child, irrespective of what their relationship is with said child.

### How much is a Penalty Notice fine?

As of the 19th of August 2024, a penalty notice is £80 if paid within 21 days. If the fine is not paid in 21 days, it will rise to £160 if paid within 28 days of being issued.

If a second penalty notice is issued to the same parent for the same child within a three-year rolling period, the fine will automatically rise to £160 with no option to pay the lower rate of £80.

If a parent then commits a third offence in a three-year rolling period, Cornwall Council will need to consider other enforcement optional options available. This could include prosecution under section 444(1) or section 444(1A) of the Education Act 1996. If found guilty a parent would receive a criminal record and substantial fine.

### Penalty Notices are issued per parent, per child.

Therefore, if there are two parents and two children, the fines will total £320 if paid within 21 days or £640 if paid after 21 days but within 28 days (or for a second offence).

### Can a Penalty Notice be paid in instalments?

**No.** Penalty Notices must be paid in full, within the designated dates. However, if a parent has more than one child and is therefore issued with more than one fine, they can pay the fines separately if they wish.

### Who is responsible for issuing Penalty Notices?

It is a Headteacher's decision whether or not to authorise an absence and, if their decision is not to authorise, they have the right to request a Penalty Notice in line with their attendance policy process. Cornwall Council's role is to check that the evidence submitted is compliant with Cornwall Council's Code of Conduct for Education Related Penalty Notices and, if so, to issue as appropriate.

### Can a parent appeal a Penalty Notice?

There is no statutory right of appeal once a Penalty Notice has been issued. If you believe that the Penalty Notice should not have been issued, you should make contact with the school or academy that your child attends at your very earliest convenience after receiving the Penalty Notice. If you wish to discuss the Penalty Notice procedure, you can contact Cornwall Council's Education Welfare Service on **01872 324298**, or email [educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)



## Dates for the diary!

Monday 7th – Monday 21st April

Easter Holidays





## Dates for the diary!

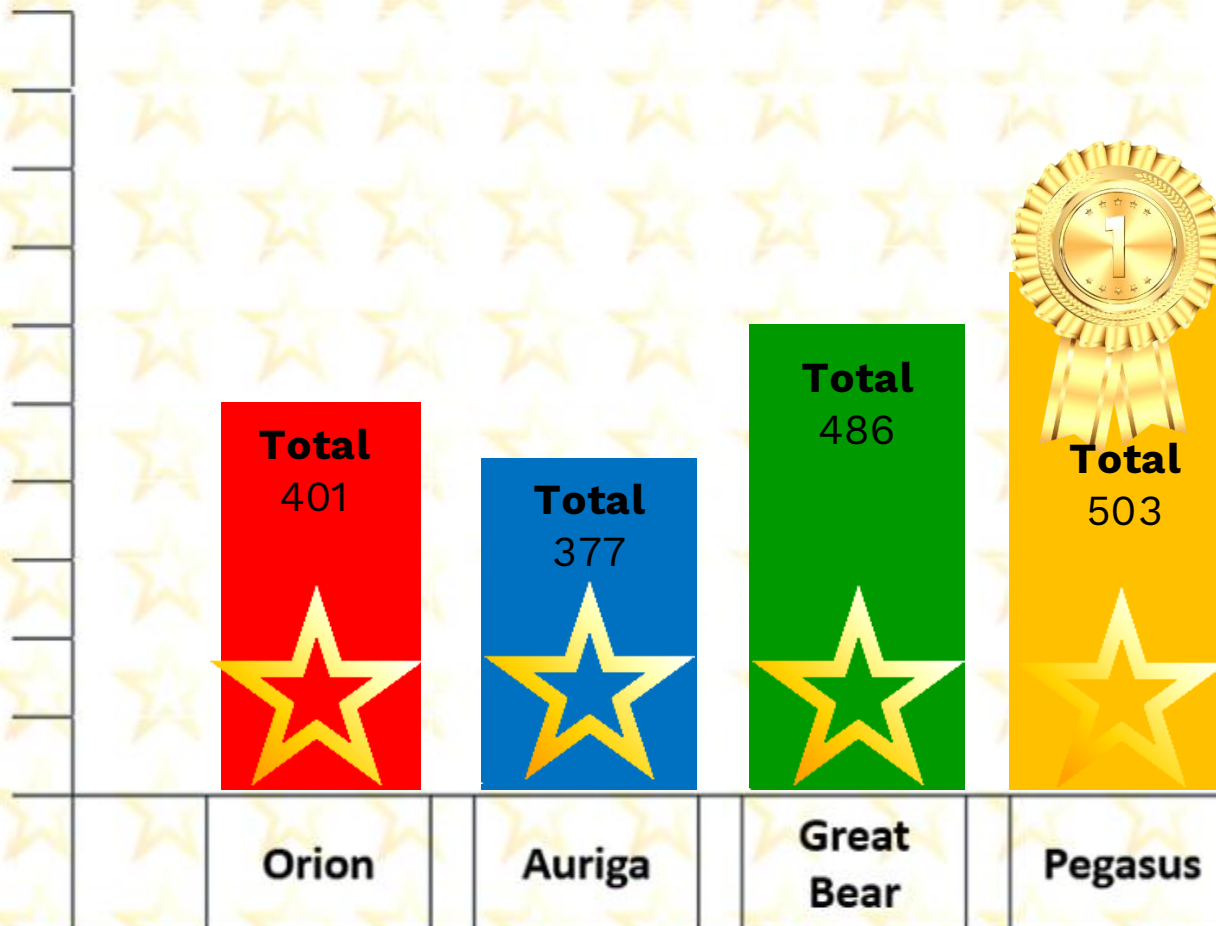
Wednesday 23 <sup>rd</sup> April	• Healthy Cornwall Taste Challenge – Y5
Wednesday 30 <sup>th</sup> April – Thursday 1 <sup>st</sup> May	• Y3 Bristol Residential
Monday 5 <sup>th</sup> May	• BANK HOLIDAY
Tuesday 6 <sup>th</sup> May – Wednesday 7 <sup>th</sup> May	• Year 4 Oxford Residential
Wednesday 7 <sup>th</sup> May	• Healthy Cornwall Taste Challenge – Y5

Monday 12 <sup>th</sup> May – Thursday 14 <sup>th</sup> May	• Y6 SAT's
Monday 26 <sup>th</sup> May – Friday 30 <sup>th</sup> May	• HALF TERM
Monday 3 <sup>rd</sup> June	• Y4 Multiplication Tables Check starts
Wednesday 4 <sup>th</sup> June Change of date	• Healthy Cornwall Taste Challenge – Y6 • Class Photography – class photos
Monday 9 <sup>th</sup> June	• Phonic Screening Begins
Wednesday 25 <sup>th</sup> June	• Healthy Cornwall Taste Challenge – Y6
Monday 7 <sup>th</sup> July – Wednesday 10 <sup>th</sup> July	• Year 6 London Residential
Wednesday 23 <sup>rd</sup> July	• SUMMER HOLIDAYS



BeBrave<sup>☆</sup> Believe<sup>☆</sup> BeBrilliant<sup>☆</sup>

House Points! <sup>☆</sup>





BeBrave<sup>☆</sup> Believe<sup>☆</sup> BeBrilliant<sup>☆</sup>

House Points! <sup>☆</sup>





Extra notifications



Open from 8:00 – 8:30 daily  
(Booking required)

Our free breakfast club operates during term time and is available to all pupils. Starting at 8:00 AM until the start of school we offer the children a selection of healthy breakfast options such as toast, cereals, fruit, water, and milk. The children will then have the opportunity to enjoy reading games puzzles and other to activities.

Sponsored  
by



FREE for all children

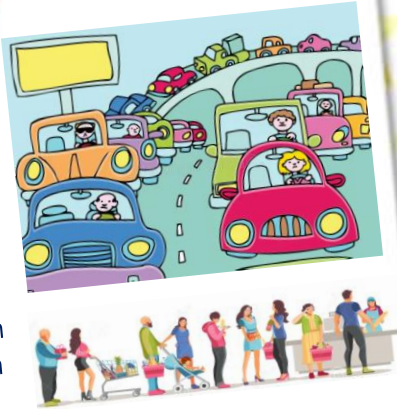
**Beacon**  
Shine brightly



## Extra notifications

### End of day pickups

We all experience problems from time to time collecting at the end of school day, the long queue, stuck in a traffic jam etc, so if you find the playground empty when collecting your child at the end of the day, please collect them from wraparound – situated in Spaceship class via the Y2 playground.



### IMPORTANT

We continue to be so proud of how well our children are responding to their learning and the progress they are making. In order to do this, it is so important that our children come to school with a positive attitude to learning in the correct school uniform and on time. Please talk to our team if we can help you with any aspect of this.



### A Polite Request.

If you need to get a message to your child during the school day, please call the main office before **2:30pm** to ensure the message is passed on.



### IMPORTANT REQUEST

Can we please ask parents when collecting children from school that you do not park in the bays above the bungalows. We had one resident today that could not park her car near her bungalow and due to being disabled this caused problems for her. Thank you for being respectful to our neighbours.





**Cornwall**  
Wildlife Trust



**Cornwall Partnership**  
NHS Foundation Trust

Open to parents/carers and  
their primary school aged  
children in Cornwall

**Don't forget to sign up to the Mental  
Health Support Team free  
Wild Wellbeing sessions being held over  
the Easter holidays at various locations**



To request a place, please complete the  
online form via the link below or use the  
QR code attached

<https://forms.office.com/e/1cVmDjXF5E>







## PLAYER DEVELOPMENT CENTRES



SCAN ME

### ACROSS EAST CORNWALL & NORTH DEVON:

#### PRIMARY SCHOOL AGES ONLY:

HOLSWORTHY BOYS  
BODMIN BOYS  
BODMIN GIRLS

#### SECONDARY SCHOOL AGES ONLY:

LAUNCESTON BOYS

#### PRIMARY & SECONDARY SCHOOL AGES:

ASHBURY BOYS  
LAUNCESTON GIRLS  
LAUNCESTON GOALKEEPERS (BOYS & GIRLS)

### CENTRE POINT OF CONTACTS:

BOYS PATHWAY: CARWYN.BLUETT@PAFC.CO.UK  
GIRLS PATHWAY: JACOB.FAHY@PAFC.CO.UK  
GOALKEEPER PATHWAY: CARWYN.BLUETT@PAFC.CO.UK

PLEASE EMAIL FOR FURTHER INFORMATION



ARGYLE  
COMMUNITY  
TRUST





## Supporting Parents And Children Emotionally



SPACE is a free programme for any Kernow Learning parent or carer who wants to better understand and support their children's emotions, as well as their own.

**FREE!**

- ★ Gain an understanding of the impact of life experiences on yourself as a parent & on your children.
- ★ Help to manage your child's behaviour and develop strategies for building resilience in yourself & your children.
- ★ Take away strategies to implement at home and use in everyday life
- ★ Focusing on building the wellbeing of your whole family

Our 5 week programme is available on the following dates, online or at locations across Cornwall.

### Trenance Academy, Newquay

Session Dates: 13th Nov, 20th Nov, 27th Nov, 4th Dec, 11th Dec.  
Session Times: 1.15pm - 3.15pm

### St Francis C of E Academy, Falmouth

Session Dates: 11th Nov, 18th Nov, 25th Nov, 2nd Dec, 9th Dec, 16th Dec  
Session Times: 1.00pm - 3.00pm

### King Charles C of E Primary School, Falmouth

Session Dates: 11th Nov, 18th Nov, 25th Nov, 2nd Dec, 9th Dec.  
Session Times: 3.30pm - 5.30pm

### Foxhole Learning Academy, St Austell \*\*ONLINE COURSE DAY TIME\*\*

Sessions Dates: 7th Jan, 14th Jan, 21st Jan, 28th Jan, 4th Feb  
Session Times: 10am-11am

### Foxhole Learning Academy, St Austell \*\*ONLINE COURSE EVENING\*\*

Session Dates: 27th Feb, 6th Mar, 13th Mar, 20th Mar, 27th Mar  
Session Times: 7pm - 8pm

### Sky Primary, St Austell \*\*ONLINE COURSE DAY TIME\*\*

Session Dates: 16th June, 23rd June, 30th June, 7th July, 14th July.  
Session Times: 1pm-3pm

 **Book here**

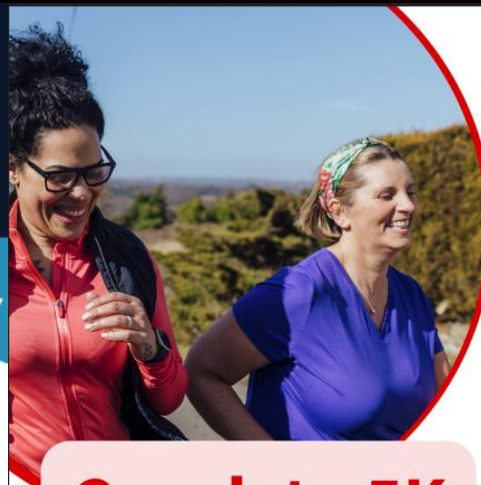
Scan the QR to  
book your place



HEADSTART  
KERNOW

**BUILDING  
EXCELLENT  
Schools Together**

Kernow Learning



## Couch to 5K



- 🍎 **Free** weekly running sessions for beginners
- 🍎 Learn to run for 30 minutes in 12 weeks through NHS designed programme starting with an easy walk-and-talk session
- 🍎 Get outside, get active and meet new people



Healthy  
Cornwall



**Tuesdays**  
1pm - 2pm

Meeting at the  
**Scarletts Well car park**

Booking is  
**essential**. Call or  
go to our website  
to book.



 01872 324200

 [healthycornwall.org.uk](http://healthycornwall.org.uk)



## This week's golden hoody winners



Wanmai - Comets



Emily - Comets



Polly - Comets



## This week's golden hoody winners



*Sienna - Comets*



*Fabian - Meteors*



Extra notifications 



## Nursery



Can we please remind all our Nursery families to be ready at our entrance for your child's start time. When staff have to come out and let people in, it leaves the Nursery understaffed.

Thank you for your understanding.

Start times are **8.30am** or **9.00am** and **12pm** for afternoon sessions.





Bodmin Carnival 16th August 2025

We are seeking  
Royalty for Bodmin  
Carnival

Royalty Choosing  
Shire House Suite

Saturday 26th April 1pm

Carnival Queen aged 11+  
(With or without attendants)  
Fairy Queen & Fairy King aged 4-10  
(With 2 attendants)

Send your details to  
[Bodmincarnivalcommittee@aol.com](mailto:Bodmincarnivalcommittee@aol.com)  
Please include entrants name, age, hometown &  
category you wish to enter.

Or pick up an entry from Town Council Reception

Queries please contact SarahJane on  
07828640450



EASTER

Fun Sessions

Sunday 13th April

At - **THE SPACE**  Priory Road, Bodmin  
PL31 2AE

Session 1- 11.30am-12.30pm

Session 2- 1.30pm-2.30pm

Session 3- 3pm-4pm

Session 4- 4.30pm-5.30pm

£5 each up to two children,

£2.50 each there after

To book please message

Autism Friendly Events

on Facebook.

Meet the Easter Bunny

Refreshments Stalls Games Crafts

TICKET ONLY  
NON  
REFUNDABLE





## Extra notifications



### IMPORTANT

Polite reminder – There are no staff on duty in the mornings until 8:30am. Children arriving before that time are very welcome to attend our free Breakfast Club but should not be on the grounds otherwise for their own safety.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni cheese (V) Carrots and peas Tomato and basil pasta(v) Fruity yoghurt dessert Allergens: 2,4,7	Beef chilli and rice broccoli/carrots Quorn chilli (v) Blueberry muffin Allergens:2,4,7,13,	Roast turkey with seasonal vegetables and roast potatoes Quorn veggie meatloaf (v) Crumble and custard Allergens: 2,4,7,	Chicken stir fry with noodles Peas/sweetcorn Quorn stir fry (v) Strawberry frozen yoghurt Allergens: 2,4,7,13	Sausage, chips and sweetcorn Vegetable sausage (v) Various puddings Allergens: 2,7,
Tuna pasta bake, peas and carrots Tomato and basil pasta(v) Fruity yoghurt dessert Allergens: 2,,5, 7,	Chicken wrap with rainbow rice carrots or peas Vegetable wrap (v) vanilla ice cream Allergens: 2,,4,,7	Roast Beef with seasonal vegetables and roast potatoes Quorn veggie meatloaf(v) Banana and custard Allergens: 2,4,7,	Margherita pizza with wedges, green beans and sweetcorn Vegan margherita pizza (V) Lemon sponge Allergens: 2,4,7,	Fishfingers, chips and peas Vegetable finger (v) Various puddings Allergens: 2,5,7,
Chicken pasta bake peas/carrots Tomato and basil pasta(v) Fruity yoghurt dessert Allergens: 2,7,	Beefburger with oven cooked wedges sweetcorn or peas Veggie burger(v) Chocolate muffin Allergens:2,4,7,	Roast chicken with seasonal vegetables and roast potatoes Quorn veggie meatloaf (v) Oat cookie Allergens: 2,4,7,	Meatballs in a tomato sauce, steamed rice, green beans and garlic bread Veggie balls (v) Ice-cream sponge roll Allergens: 2,4,7,13	Chicken dippers, chips and peas Veggie chicken (v) Various puddings Allergens: 2,7

#### ALLERGENS

1 = CELERY, 2 = CEREAL CONTAINING GLUTEN, 3 = CRUSTACEANS, 4 = EGGS, 5 = FISH, 6 = LUPIN SEEDS AND FLOUR  
 7 = DAIRY, 8 = MOLLUSCS, 9 = MUSTARD, 10 = NUTS, 11 = PEANUTS, 12 = SESAME SEEDS, 13 = SOYA, 14 = SULPHUR DIOXIDE

APRIL 2025							MAY 2025							JUNE 2025							JULY 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6				1	2	3	4	2	3	4	5	6	7	8		1	2	3	4	5	6
7	8	9	10	11	12	13	5	6	7	8	9	10	11	9	10	11	12	13	14	15	7	8	9	10	11	12	13
14	15	16	17	18	19	20	12	13	14	15	16	17	18	16	17	18	19	20	21	22	14	15	16	17	18	19	20
21	22	23	24	25	26	27	19	20	21	22	23	24	25	23	24	25	26	27	28	29	21	22	23	24	25	26	27
28	29	30					26	27	28	29	30	31		30							28	29	30	31			

Jacket potatoes with various fillings, salad bar, fruit and yoghurt available every day



Extra notifications 

## School Menus

## School Menus

SCHOOL MENU – WEEK COMMENCING

Monday 21<sup>st</sup> April

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Beef chilli and rice broccoli/carrots Quorn chilli (v)</p>  <p>Blueberry muffin</p> <p>Allergens: 2,4,7,13,</p> 	<p>Roast turkey with seasonal vegetables and roast potatoes Quorn veggie meatloaf (v)</p>  <p>Crumble and custard</p> <p>Allergens: 2,4,7,</p> 	<p>Chicken stir fry with noodles Peas/sweetcorn Quorn stir fry (v)</p> <p>Strawberry frozen yoghurt</p> <p>Allergens: 2,4,7,13</p>  	<p>Sausage, chips and sweetcorn Vegetable sausage (v)</p> <p>Various puddings</p> <p>Allergens: 2,7,</p>  

Please ensure you are pre booking your dinners via the MyEd/PlusPay app.







## EASTER fayre

Join us on  
**April 19th 11am-3pm**  
at  
**Castle Canyke Scout Hut  
PL31 1DY**  
*for some family Easter fun*

Raising money for  
1st Castle Canyke Scout Group

Raffle  
Tombola  
Games  
Cake Stall  
Easter Egg hunt  
Craft Stalls  
Burgers, Hotdogs and Drinks  
Easter Bonnet Competition  
Plus lots more!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

### What Parents & Educators Need to Know about INSTAGRAM

**AGE RESTRICTION 13+**

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

**WHAT ARE THE RISKS?**

- EXCESSIVE SCREEN TIME**  
Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.
- AI CHATBOT CONCERNS**  
Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.
- RISKS OF GOING LIVE**  
The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may use past offensive or harmful comments during live sessions.
- THREADS INTEGRATION**  
Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.
- SCHEDULED MESSAGING**  
Instagram's newer ability to schedule direct messages late at night or early in the morning can disrupt their sleep or keep them preoccupied before the school day even begins.
- EXCLUSION AND LOW SELF-WORTH**  
Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often leads to anxiety in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

### Advice for Parents & Educators

- USE INSTAGRAM'S SUPERVISION TOOLS**  
Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Sponsored 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.
- OPEN UP THE CONVERSATION**  
Talk regularly to the children in your care about what they enjoy on Instagram and what they don't. Encourage them to share about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.
- SET BOUNDARIES FOR THREADS AND AI**  
Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.
- BE MEDIA-SAVVY WITH INFLUENCERS**  
Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Give them an opportunity to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

**Meet Our Expert**  
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various educational papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

**WakeUpWednesday** **The National College**

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.04.2025





Kernow Learning

## School Terms and Holidays 2024/25

Beacon Academy

September 2024	October 2024	November 2024
Mon 2 9 16 23 30	Mon 7 14 21 28	Mon 4 11 18 25
Tue 3 10 17 24	Tue 1 8 15 22 29	Tue 5 12 19 26
Wed 4 11 18 25	Wed 2 9 16 23 30	Wed 6 13 20 27
Thu 5 12 19 26	Thu 3 10 17 24 31	Thu 7 14 21 28
Fri 6 13 20 27	Fri 4 11 18 25	Fri 8 15 22 29
Sat 7 14 21 28	Sat 5 12 19 26	Sat 2 9 16 23 30
Sun 1 8 15 22 29	Sun 6 13 20 27	Sun 3 10 17 24
December 2024	January 2025	February 2025
Mon 2 9 16 23 30	Mon 6 13 20 27	Mon 3 10 17 24
Tue 3 10 17 24 31	Tue 7 14 21 28	Tue 4 11 18 25
Wed 4 11 18 25	Wed 8 15 22 29	Wed 5 12 19 26
Thu 5 12 19 26	Thu 9 16 23 30	Thu 6 13 20 27
Fri 6 13 20 27	Fri 10 17 24 31	Fri 7 14 21 28
Sat 7 14 21 28	Sat 11 18 25	Sat 8 15 22 29
Sun 1 8 15 22 29	Sun 12 19 26	Sun 2 9 16 23
March 2025	April 2025	May 2025
Mon 3 10 17 24 31	Mon 7 14 21 28	Mon 5 12 19 26
Tue 4 11 18 25	Tue 8 15 22 29	Tue 6 13 20 27
Wed 5 12 19 26	Wed 9 16 23 30	Wed 7 14 21 28
Thu 6 13 20 27	Thu 10 17 24 31	Thu 1 8 15 22 29
Fri 7 14 21 28	Fri 11 18 25	Fri 2 9 16 23 30
Sat 1 8 15 22 29	Sat 12 19 26	Sat 3 10 17 24 31
Sun 2 9 16 23 30	Sun 13 20 27	Sun 4 11 18 25
June 2025	July 2025	August 2025
Mon 2 9 16 23 30	Mon 7 14 21 28	Mon 4 11 18 25
Tue 3 10 17 24	Tue 8 15 22 29	Tue 5 12 19 26
Wed 4 11 18 25	Wed 9 16 23 30	Wed 6 13 20 27
Thu 5 12 19 26	Thu 10 17 24 31	Thu 7 14 21 28
Fri 6 13 20 27	Fri 11 18 25	Fri 8 15 22 29
Sat 7 14 21 28	Sat 12 19 26	Sat 2 9 16 23 30
Sun 1 8 15 22 29	Sun 13 20 27	Sun 3 10 17 24 31

Key:

<span style="background-color: #e0f0ff; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span>	School Holiday
<span style="background-color: #e0ffe0; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span>	Bank Holiday
<span style="background-color: #fff; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span>	Term Time
<span style="background-color: #fff; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span>	Inset Day

Term dates summary:

Autumn Term 1:	3rd September - 25th October 2024
Autumn Term 2:	4th November - 20th December 2024
Spring Term 1:	6th January - 14th February 2025
Spring Term 2:	24th February - 4th April 2025
Summer Term 1:	22nd April - 23rd May 2025
Summer Term 2:	2nd June - 23rd July 2025
TOTAL: 195	

### Bank and Public Holidays 2024/25

Christmas Day	25th December 2024	Easter Monday	21st April 2025
Boxing Day	26th December 2024	May Bank Holiday	5th May 2025
New Years Day	1st January 2025	Spring Bank Holiday	26th May 2025
Good Friday	18th April 2025	Summer Bank Holiday	25th August 2025

Have you been diagnosed with a terminal illness?

Do you have children under 18?

Would you like support with Wills, Power of Attorney, Insurance etc?

Join our free information session on Sunday 23rd March at **St Blazey Family Hub**

Free Karate activity for children during the session

Booking Essential



<https://forms.gle/22FN2tZSwdTxHogm8>



Accessible Venue

HORIZON

Ashiita-Kai

gunners kids

in partnership with



# IMPORTANT

For safeguarding purposes children should not be wearing smart watches in school.







## School Terms and Holidays 2025/26

Beacon Academy

<b>September 2025</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	<b>October 2025</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26	<b>November 2025</b> Mon 3 10 17 24 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 29 Sun 2 9 16 23 30
<b>December 2025</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 31 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	<b>January 2026</b> Mon 5 12 19 26 Tue 6 13 20 27 Wed 7 14 21 28 Thu 1 8 15 22 29 Fri 2 9 16 23 30 Sat 3 10 17 24 31 Sun 4 11 18 25	<b>February 2026</b> Mon 2 9 16 23 Tue 3 10 17 24 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22
<b>March 2026</b> Mon 2 9 16 23 30 Tue 3 10 17 24 31 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29	<b>April 2026</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26	<b>May 2026</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31
<b>June 2026</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28	<b>July 2026</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26	<b>August 2026</b> Mon 3 10 17 24 31 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 29 Sun 2 9 16 23 30

### Key:

<span style="background-color: #0070C0; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	School Holiday
<span style="background-color: #92D050; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	Bank Holiday
<span style="background-color: #008000; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	INSET Day
<span style="background-color: #FFFFFF; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	School open

### Term dates summary:

#### Autumn Term (74 days)

2nd September 2025 - 19th December 2025 (Half term: 27th-31st October 2025)

#### Spring Term (59 days)

5th January 2026 - 2nd April 2026 (Half term: 16th - 20th February 2026)

#### Summer Term (62 days)

20th April 2026 - 22nd July 2026 (Half term: 25th-29th May 2026)

### Bank and Public Holidays 2025/26

Christmas Day	25th December 2025	Easter Monday	6th April 2026
Boxing Day	26th December 2025	May Bank Holiday	4th May 2026
New Years Day	1st January 2026	Spring Bank Holiday	25th May 2026
Good Friday	3rd April 2026	Summer Bank Holiday	31st August 2026

Do you need help with budgeting?

Join our **FREE & FRIENDLY**  
**Moneybox Course**  
& **Online Cooking Group**

## MONEYBOX PLUS COURSE

at Bodmin Foodbank

1 day a week for 5 weeks

9:30am - 2:30pm

Starts  
Tuesday  
25th Feb

## ONLINE COOKING COURSE

Cook along with Lou in your  
own home

11am-12:30pm

Starts  
Wednesday  
26th Feb

Improve your budgeting skills & have fun learning  
to cook. We'll provide the ingredients for healthy  
low-cost meals for you to enjoy at home.

For more information, give us a call on

01208 815374 or email us

[contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

