

## Top story this week



It's certainly been a busy day at today at Beacon. We have welcomed our new Reception children and families to school for our first settling in session. We can't wait to get to know everyone over the next few weeks and are looking forward to watching the children blossom next academic year.

We also welcomed the families of Cosmonaut's class into school for a morning of sporting fun and a group of enthusiastic trainee teachers to observe teaching and learn about how we teach writing at Beacon.






I'm currently watching our whole school celebrating World Music Day, enjoying a whole school picnic whilst listening to music from different cultures. The day will finish with a whole school sing along to A Million Dreams. What a lovely way to end the week.

Looking forward to next week. It looks like the weather is going to allow our junior sports day to take place, our children are very excited. We are looking forward to seeing you all, hopefully with some sunshine.

Wishing you a wonderful weekend

Kaye

## Key Events for next week– KS1 and Shine

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	PE fun!	Carrying on our learning with Jigsaw Jeanie.	Homes around the world with Bertie Owl.	Learning more about space.	Drop everything and read.
Year 1	Time to work with Abbey Owl again for our next RE unit.	Trying some traditional food, eaten during Rosh Hashannah.	PE	Learning about money	Drop everything and Read
Year 2	Starting new Geography unit about Cornwall	Collecting our own data in maths	Writing our own portal stories	Exploring why tourists visit Cornwall	Drop everything and read
Shine					

## Key Events for next week– KS2 and ARB

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 3	PE	Final Art Piece	Dry art stamps coming home!	Independent warning tale writing	Sports Day
Year 4	Persuading the Anglo-Saxons to visit Britain	Hubbub Music Trip	Super science	Ukulele	Sports Day
Year 5	Swimming	Haunting History	Sizzling Science	Rock Steady	Sports Day
Year 6	Finishing our Andreson Shelters	Amazing Art - Portraits	Amazing Art - Portraits	New Geography - Where do our clothes come from?	Sports Day
Cosmonauts	Amazing Art	Sensational Science	RE	Cooking	Outdoor learning

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## EYFS 'Highlight of the Week'



### Nursery

This week we have been learning the days of week with the help of the hungry caterpillar. We have learnt all about how the caterpillar eats and eats until he gets so big he builds a house around himself and then emerges as a beautiful butterfly! We have been busy searching the garden to see if we can find any caterpillars, but we haven't found any yet. We have found lots of woodlice and spiders though.

### Reception

This week in Reception we have continued our learning of 'Handa's Surprise' by learning more about Africa and how it is different to Bodmin. The children have used their fantastic oracy skills to use full sentences to share their own ideas to the whole class. All the children have worked really hard all year on our discussion rules and are now confident speakers who stand to speak, track the speaker and project their voices.



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## KS1 'Highlight of the Week'



### Year 1

Year 1 have been historians this week. We have been learning what it means to be a significant person. We then delved into the life of Neil Armstrong. We learnt all about his mission to the moon and what he did to achieve this. We even made our own helmets to reenact the moon landing! We've loved learning about the past and why Neil Armstrong really was a great explorer!

### Year 2

Year 2 have been amazing scientists this week in our 'Habitats' topic! We have sorted items into the three categories of living, dead and never been alive, learned about and found habitats and micro-habitats in our school environment and discovered the amazing living things that can be found in them. We even used our maths learning to make a tally of the animals we found! What an amazing world we live in!





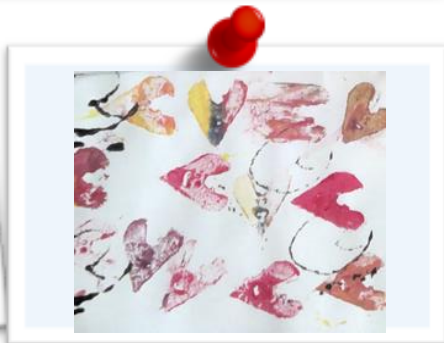
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## Lower KS2 'Highlight of the Week' ★



### Year 3

Art. Wow. The year group began their amazing afternoons by producing brilliant sketches inspired by print artists before working on tessellations and making their own repeatable pattern stamps. The techniques have been practised and are ready for their final creations early next week. Look out for the stamps, coming home soon, and the online gallery coming later.



### Year 4

We have had a fantastic week learning all about animals including humans in science. After learning about the different organs in the digestive system, we made a model of it to deepen our understanding of the function of each part. We then looked at the different types of teeth, experimented with food to see which teeth are used for different things and conducted an experiment to see the impact of brushing our teeth on plaque.



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## Upper KS2 'Highlight of the Week'



### Year 5

Without a doubt, this has been one of our favourite weeks so far! The children have thoroughly enjoyed visiting Bodmin Leisure Centre and have already made incredible progress with their swimming. It has been a real pleasure to watch them help and support each other in the pool and we know this will continue next week. The instructors have complimented both classes on their exemplary behaviour so once again, we are incredibly proud of our children. Well done year 5!

### Year 6

This week, Year 6 have been creating and designing their very own prototype Anderson Shelters: they have worked collaboratively in small groups, using materials such as cardboard and leaf litter to help achieve this aim. Alongside this, children also had a visit from Bodmin College on Wednesday morning, where they were given an insight into what secondary school will be like for many of them. All children listened attentively to what was said and asked some insightful questions. To finish off the week, Year 6 gathered on the field with the rest of the school for lunch today, where we listened to different music from around the world.



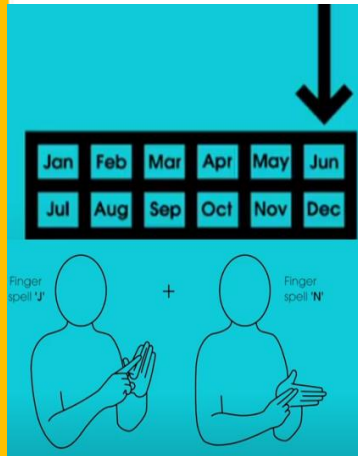
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Cosmonauts and Shine 'Highlight of the Week' 



## ARB

There has been lots of learning going on again this week, we have painted Picasso pictures, cooked savoury muffins, explored hidden pictures, created clay sea creatures and cooked up some yummy treats for our sports and picnic morning on Friday.



## Shine

We began our week by wishing Mrs Harrop all the best in her next adventure. The children have shown incredible resilience in some of the changes in class this week and have welcomed both staff and children. We have been celebrating healthy eating week. The children decided they wanted to make a healthy salad, they shopped for the ingredients they would need and then used their knife skills to prepare the salad. Well done Shine class.





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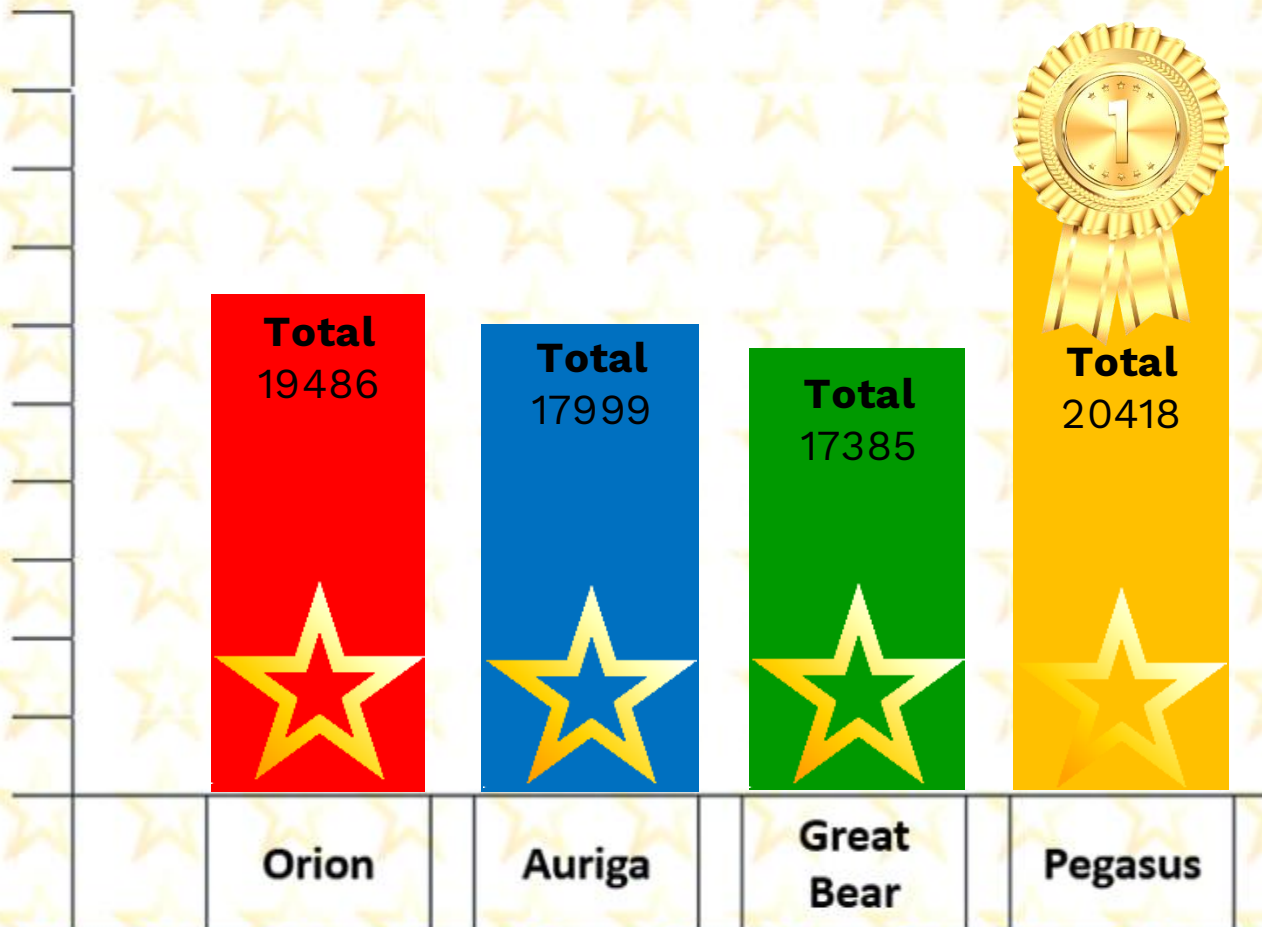
Who has **SHONE BRIGHTLY** this week?

**Marvellous musician**

<b>Space Voyagers</b> (YR)		Arielle Duffin	<b>Pioneers</b> (Y3)		Imogen Rundle
<b>Space Travellers</b> (YR)		Laura Akamien	<b>Discoverers</b> (Y3)		Morwenna Jeffery
<b>Space Adventurers</b> (Y1)		Logan Phillips	<b>Supernovas</b> (Y4)		Riley Smith
<b>Space Explorers</b> (Y1)		Sienna Morris	<b>Constellations</b> (Y4)		Lydia Lang-Mitchell
<b>Spaceships</b> (Y2)		Poppy Hurley	<b>Comets</b> (Y5)		Ebby-Rose Slogett
<b>Rockets</b> (Y2)		Ronnie Fraser	<b>Meteors</b> (Y5)		Hayden Crocker
<b>Cosmonauts</b> (ARB)		Freya Hobbs	<b>Aviators</b> (Y6)		Brooke Cosham
<b>Shine</b>			<b>Astronomers</b> (Y6)		Lucas Blacklaw Toby Hill
			<b>Astronauts</b> (Y6)		

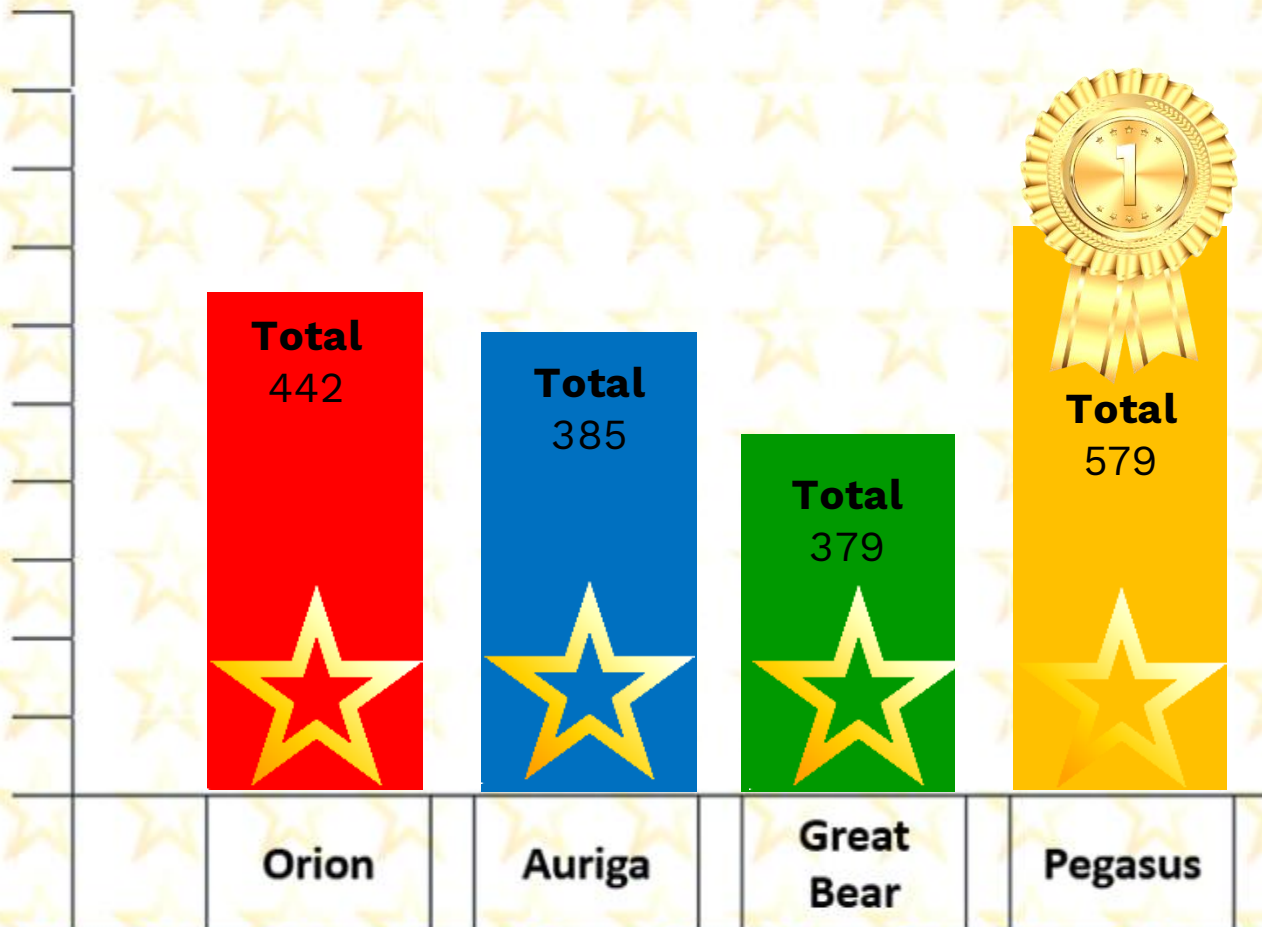
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House Points! <sup>☆</sup>



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House Points! <sup>☆</sup>





## Attendance Information



Together   
for Families

### Penalty Notices

A guide to Education Welfare Services  
for parents and carers



[www.cornwall.gov.uk/togetherforfamilies](http://www.cornwall.gov.uk/togetherforfamilies)

### What is a Penalty Notice?

A Penalty Notice is a fine that can be issued under section 444A and section 444B of the Education Act 1996. The fine is issued per parent, per child for:

- Leave of absence of 12 school sessions /6 school days or more (within any 100 school session period) during term time, without authorisation from the school, for a holiday for example
- Unauthorised absence of 12 school sessions /6 school days or more (within any 100 school session period) of absence from school, either when a parent fails to provide an explanation, or an explanation is provided but the school consider it insufficient to authorise
- Unauthorised lateness of 12 school sessions /6 school days or more (within any 100 school session period), resulting from arrival at school after the register has closed

**NB A Penalty Notice can be issued for any combination of the above reasons, where the unauthorised absence from school results in 12 sessions /6 school days or more (within any 100 session period)**

Or, when:

- A pupil is observed in a public place during school hours, in the first five school days of a period of exclusion from school, without reasonable justification

### Who can be issued with a Penalty Notice?

Parents and carers of a child can be issued with a Penalty Notice. The definition of a 'parent' as set out in section 576 of the Education Act 1996: By virtue of this section 'parent' includes: all natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and any person who, although not a natural parent, has care of a child. Having care of a child means a person who lives with and looks after a child, irrespective of what their relationship is with said child.

### How much is a Penalty Notice fine?

A Penalty Notice carries a fine of £60.00 if paid within 21 days of issue, doubling to £120.00 if paid after 21 but within 28 days.



## Attendance Information

### Penalty Notices are issued per parent, per child.

Therefore, for example, if there are two parents and two children, the fines will total £240.00 if paid within 21 days and £480.00 if paid after 21 days but within 28 days.

### Can a Penalty Notice be paid in instalments?

**No.** Penalty Notices must be paid in full, within the designated dates. However, if a parent has more than one child and is therefore issued with more than one fine, they can pay the fines separately if they wish.

### Who is responsible for issuing Penalty Notices?

It is a Headteacher's decision whether or not to authorise an absence and, if their decision is not to authorise, they have the right to request a Penalty Notice in line with their attendance policy process. Cornwall Council's role is to check that the evidence submitted is compliant with Cornwall Council's Code of Conduct for Education Related Penalty Notices and, if so, to issue as appropriate.

### Can a parent appeal a Penalty Notice?

There is no statutory right of appeal once a Penalty Notice has been issued. If you believe that the Penalty Notice should not have been issued, you should make contact with the school or academy that your child attends at your very earliest convenience after receiving the Penalty Notice. If you wish to discuss the Penalty Notice procedure, you can contact Cornwall Council's Education Welfare Service on **01872 323400**, or email [educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

### How is a Penalty Notice paid?

Penalty Notices can be paid by card by calling the office on 01872 323400. Alternatively, payment can be made by cash or cheque at any Cornwall Council Information Service. If the 21st/28th day for payment falls on a weekend or bank holiday, payment will be accepted at the same rate on the following working day.

### What happens if a Penalty Notice is not paid?

If a Penalty Notice is not paid within the 28 days of issue (as per the dates listed on the Penalty Notice), Cornwall Council will progress the matter to the Magistrates' Court, for the offence of failing to ensure regular attendance, NOT for failure to pay the fine.

If found guilty:

- under section 444(1), it can result in the parent being fined up to £1000
- under section 444(1A), it can result in the parent being fined up to £2,500 and/or receiving a custodial sentence of up to 3 months

**Cornwall Council may also apply for costs incurred in taking the matter to court.**

### Contact us

Education Welfare Service

[educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

**01872 323 400**

[www.supportincornwall.org.uk/families](http://www.supportincornwall.org.uk/families)

[www.facebook.com/TFFCornwall](https://www.facebook.com/TFFCornwall)



@tffcornwall

**If you would like this information in another format or language please contact:**

Cornwall Council, County Hall,  
Treyew Road, Truro, TR1 3AY

e: [customerservices@cornwall.gov.uk](mailto:customerservices@cornwall.gov.uk)

t: 0300 1234 100



**Cornwall recycles**  
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Drop in 

North Cornwall Empowering Independence



## DROP-IN

Information, Advice & Guidance

- Claiming benefits
- Home choice applications
- Setting up new tenancy
- Keeping your tenancy

- Sourcing local services
- Budgeting skills
- Contact local councils, housing associations or letting agents

HOME GROUP NORTH CORNWALL EI  
OUTREACH SERVICE

DROP IN AT:

Bodmin Food Bank  
Immanuel Church  
Berrycoombe Rd, Bodmin PL31 2NS

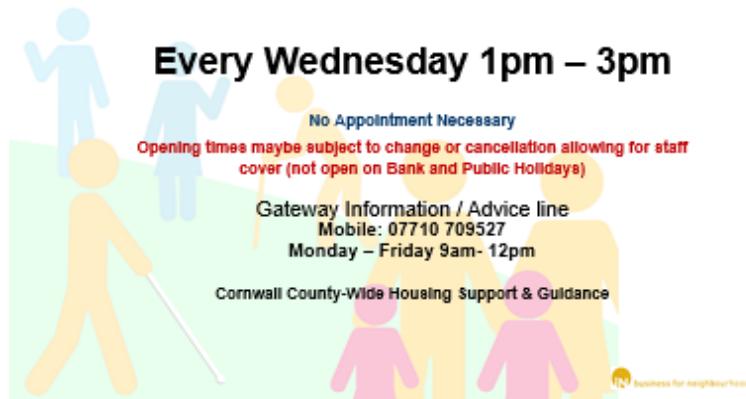
Every Wednesday 1pm – 3pm

No Appointment Necessary

Opening times maybe subject to change or cancellation allowing for staff cover (not open on Bank and Public Holidays)

Gateway Information / Advice line  
Mobile: 07710 709527  
Monday – Friday 9am- 12pm

Cornwall County-Wide Housing Support & Guidance



## Dates for the diary!

Monday 24th – Thursday 27th June	Year 5 – Swimming
Monday 25th June	Hubbub Music Event for Year 4
Friday 28 <sup>th</sup> June	KS2 Sports Day – 9:30am
Friday 5th July	Year 6 – Healthy Cornwall Workshops
Monday 15th July	Reception home and settling visits this week
Tuesday 9th July	SEND Parent Transition meetings 3.30-5pm
Wednesday 10th July – Thursday 11th July	Year 2 Residential Plymouth
Thursday 11th July	Rock Steady End of Term Performance – 2:30pm
Thursday 11th July	SEND Parent Transition Meetings 3.30-5pm
Thursday 11th July	Reports to go home with assessments
Wednesday 10th – Thursday 11th July	Year 2 Residential Plymouth
Friday 12 <sup>th</sup> July	Y6 Leavers Performance – 12pm



## Dates for the diary!

Friday 12th July	Year 2 Parent Residential Show and Tell
Monday 15th July – Friday 19th July	Ignite Wonder – Growth Mindset Week
Tuesday 16th July	Nursery Graduation AM & PM
Thursday 18th July	Year 2,3,4 & 5 Growth Mindset Camp
Thursday 18th July	BEACON FEST
Monday 22nd July	Year 6 Prom
Tuesday 23rd July	Beacon Rainbow Run
Wednesday 24 <sup>th</sup> July	Summer Holiday begins – 2pm finish – no wraparound care



# IMPORTANT

For safeguarding purposes children should not be wearing smart watches in school.



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## Young Carers



**AM I A YOUNG CARER?**

**If any of these sound like you, you may be a Young Carer...**

- Practical tasks –**  
cooking, housework, shopping and gardening.
- Physical care –**  
helping the cared for in/out of bed, around the house, outside the home.
- Emotional support –**  
listening, talking and showing empathy.
- Personal care –**  
undressing/dressing, bathing, using the toilet.
- Managing the family budget –**  
paying bills, seeking benefits, working to contribute financially.
- Supporting with Communication –**  
Making calls, relaying needs to professionals, helping a sibling communicate.
- Dealing with Medication –**  
collecting prescriptions, giving medication, attending appointments.
- Supporting family members during crisis –**  
calling emergency services, providing emotional support during hospital visits, dealing with the trauma after the event.
- Looking after siblings –**  
feeding, bathing, dressing, homework, emotional support.
- Completing daily nursing tasks –**  
clearing peg/breathing tubes, personal care, feeding and bathing.

To find out more, scan the QR code



If you believe that your child is a young carer then please speak to our admin team and they will advise you as to how we can help you in school.

Or you can contact Cornwall Young Carers directly on their freephone number 01736 756655, or by emailing [kernowyoungcarers@barnardos.org.uk](mailto:kernowyoungcarers@barnardos.org.uk).

Cornwall Young Carers complete great work with the young carers in our county by aiming to support them to self-manage caring responsibilities, providing information, advice and guidance over the phone and working with schools.

They also provide direct 1-1 work with Young Carers and Young Adult Carers as well as offering activities on a regular basis and during the school holidays.

Extra notifications



Open from 8:00 – 8:30 daily  
(Booking required)

Our free breakfast club operates during term time and is available to all pupils. Starting at 8:00 AM until the start of school we offer the children a selection of healthy breakfast options such as toast, cereals, fruit, water, and milk. The children will then have the opportunity to enjoy reading games puzzles and other to activities.

Sponsored  
by



FREE for all children

**Beacon**  
Shine brightly



## Extra notifications

### Love your community

Please can we ask that all parents and pupils take care of our local community and take all rubbish home with them.



### IMPORTANT

Please can we remind all parents do not park, during drop off and collection, on the yellow Zigzags outside the school. This is for the safety of your children. Please help us keep our children safe.



### A Polite Request.

If you need to get a message to your child during the school day, please call the main office before **2:30pm** to ensure the message is passed on.



### IMPORTANT

Polite reminder, if children are bringing scooters to school, please ensure that they walk them in once on the school premises.

This is to ensure everyone's safety on site.

Thank you



## Beacon ACE Academy

### School Terms and Holidays 2023/24



September 2023				October 2023				November 2023			
Mon	4	11	18	25	Mon	2	9	16	23	30	
Tue	5	12	19	26	Tue	3	10	17	24	31	
Wed	6	13	20	27	Wed	4	11	18	25		
Thu	7	14	21	28	Thu	5	12	19	26		
Fri	1	8	15	22	29	Fri	6	13	20	27	
Sat	2	9	16	23	30	Sat	7	14	21	28	
Sun	3	10	17	24	31	Sun	1	8	15	22	29
December 2023				January 2024				February 2024			
Mon	4	11	18	25	Mon	1	8	15	22	29	
Tue	5	12	19	26	Tue	2	9	16	23	30	
Wed	6	13	20	27	Wed	3	10	17	24	31	
Thu	7	14	21	28	Thu	4	11	18	25		
Fri	1	8	15	22	29	Fri	5	12	19	26	
Sat	2	9	16	23	30	Sat	6	13	20	27	
Sun	3	10	17	24	31	Sun	7	14	21	28	
March 2024				April 2024				May 2024			
Mon	4	11	18	25	Mon	1	8	15	22	29	
Tue	5	12	19	26	Tue	2	9	16	23	30	
Wed	6	13	20	27	Wed	3	10	17	24		
Thu	7	14	21	28	Thu	4	11	18	25		
Fri	1	8	15	22	29	Fri	5	12	19	26	
Sat	2	9	16	23	30	Sat	6	13	20	27	
Sun	3	10	17	24	31	Sun	7	14	21	28	
June 2024				July 2024				August 2024			
Mon	3	10	17	24	Mon	1	8	15	22	29	
Tue	4	11	18	25	Tue	2	9	16	23	30	
Wed	5	12	19	26	Wed	3	10	17	24	31	
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Sun	2	9	16	23	30	Sun	7	14	21	28	

#### Key:

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<span style="background-color: #008000; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Bank Holiday
<span style="background-color: #FFFFFF; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Term Time
<span style="background-color: #90EE90; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Inset Day

#### Term dates summary:

Autumn Term 1: 4th September - 20th October 2023  
 Autumn Term 2: 30th October - 19th December 2023  
 Spring Term 1: 4th January 2024 - 9th February 2024  
 Spring Term 2: 19th February 2024 - 28th March 2024  
 Summer Term 1: 15th April 2024 - 24th May 2024  
 Summer Term 2: 3rd June 2024 - 24th July 2024

TOTAL: 195

#### Bank and Public Holidays 2023/24

Christmas Day	25th December 2023	Easter Monday	1st April 2024
Boxing Day	26th December 2023	May Bank Holiday	6th May 2024
New Years Day	1st January 2024	Spring Bank Holiday	27th May 2024
Good Friday	29th March 2024	Summer Bank Holiday	26th August 2024



## School Terms and Holidays 2024/25

Beacon Academy



September 2024				October 2024				November 2024			
Mon	2	9	16	23	30	Mon	7	14	21	28	
Tue	3	10	17	24		Tue	1	8	15	22	29
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Thu	5	12	19	26		Thu	3	10	17	24	31
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#### Term dates summary:

Autumn Term 1: 3rd September - 25th October 2024  
 Autumn Term 2: 4th November - 20th December 2024  
 Spring Term 1: 6th January - 14th February 2025  
 Spring Term 2: 24th February - 4th April 2025  
 Summer Term 1: 22nd April - 23rd May 2025  
 Summer Term 2: 2nd June - 23rd July 2025

TOTAL: 195

#### Bank and Public Holidays 2024/25

Christmas Day	25th December 2024	Easter Monday	21st April 2025
Boxing Day	26th December 2024	May Bank Holiday	5th May 2025
New Years Day	1st January 2025	Spring Bank Holiday	26th May 2025
Good Friday	18th April 2025	Summer Bank Holiday	25th August 2025

## Extra notifications



### IMPORTANT

Polite reminder – There are no staff on duty in the mornings until 8:30am. Children arriving before that time are very welcome to attend our free Breakfast Club but should not be on the grounds otherwise for their own safety.

Extra notifications 



## Nursery



Can we please remind all our Nursery families to be ready at our entrance for your child's start time. When staff have to come out and let people in, it leaves the Nursery understaffed.

Thank you for your understanding.

Start times are **8.30am** or **9.00am** and **12pm** for afternoon sessions.







**ChatHealth**  
**Parent Line 0-5**



**07312 263 423**



**ChatHealth**  
**Parent Line 5-19**



**07312 263 499**

**ChatHealth Young**  
**People 11-19**



**07312 263 096**



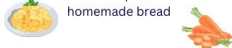

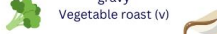
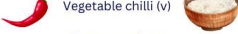
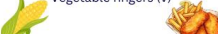
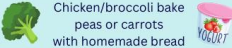
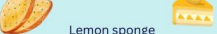

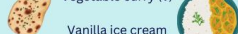

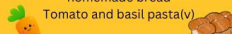
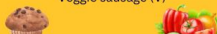
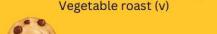
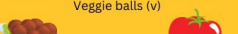

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Cornwall and the Isles of Scilly

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Get  
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and support

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Macaroni cheese carrots and peas with homemade bread  Fruity yoghurt dessert	 Sausage roll with potato wedges and fresh vegetables Vegetarian roll(v)  Blueberry muffin	 Roast gammon with seasonal vegetables and crispy potatoes with gravy Vegetable roast (v)  Chocolate sponge	 Chilli with steamed rice, mixed veg and garlic bread Vegetable chilli (v)  Frozen yoghurt	 Breaded fish and chips with sweetcorn Vegetable fingers (v)  Various puddings
 Chicken/broccoli bake peas or carrots with homemade bread Tomato and basil bake(v)CC  Fruity yoghurt dessert	 Beef bolognese with vegetables and garlic bread Vegetarian bolognese(v)  Lemon sponge	 Roast turkey with seasonal vegetables crispy roast potatoes with gravy Vegetable roast (v)  Mini fruit pavlovas	 Chicken korma with steamed rice broccoli and peas and naan bread Vegetable curry (v)  Vanilla ice cream	 Sausage, chips and peas Vegetable sausage (v)  Various puddings
 Tuna/sweetcorn pasta bake with peas or carrots and homemade bread Tomato and basil pasta(v)  Fruity yoghurt dessert	 Pork sausage with new potatoes and mixed veg Veggie sausage (V)  Chocolate muffin	 Roast Beef with crispy potatoes seasonal vegetables with gravy Vegetable roast (v)  Cookie and milk	 Meatballs with a tomato/herb sauce steamed rice and mixed vegetables Veggie balls (v)  Iced finger	 Fishfingers chips with sweetcorn vegetable fingers (v)  Various puddings

**JACKET POTATOES WITH VARIOUS FILLINGS AND SALAD BAR AVAILABLE EVERY DAY**  
**WATER, FRUIT, AND YOGHURTS ALSO AVAILABLE EVERY DAY.**

April 2024							May 2024							June 2024							July 2024						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				



Extra notifications













## School Menus

## School Menus

SCHOOL MENU – WEEK COMMENCING

Monday 24th June

Monday	Tuesday	Wednesday	Thursday	Friday
 Chicken/broccoli bake peas or carrots with homemade bread Tomato and basil bake (v)	 Beef bolognese with vegetables and garlic bread Vegetarian bolognese (v)	 Roast turkey with seasonal vegetables crispy roast potatoes with gravy Vegetable roast (v)	 Chicken korma with steamed rice broccoli and peas and naan bread Vegetable curry (v)	 Sausage, chips and peas Vegetable sausage (v)
 Fruity yoghurt dessert	 Lemon sponge	 Mini fruit pavlovas	 Vanilla ice cream	 Various puddings

Please ensure you are pre booking your dinners via the MyEd/PlusPay app.





**A WORKSHOP FOR TIRED FAMILIES**  
presented by the Cornwall Mental Health Support Team

Sleep Wise – a short presentation by Hunrosa  
Sleep Consultants to help parents with sleep  
strategies for young people and families..



**Monday**  
**8th July 2024**  
**10:00 - 11:30 am**  
scan the  
QR code or  
book [HERE](#)



Mental Health Support Team (MHST)





## The Mental Health Support Team invites you to book your place on our Transition Workshop

Transitioning into a new school can be a daunting experience. These are single hour long workshops that aim to help Parents and Carers to support their children to develop coping strategies to move smoothly from Primary School. They emphasise that as well as being potentially stressful, transition is normal and can be exciting and fun

Upcoming Session Online for Mid Cornwall Schools

Monday 15th July 10am & 4pm

Tuesday 16th July 10am & 4pm

Wednesday 17th July 10am

Thursday 18th July 10am & 4pm

Please note: This group is open to parents of Year 6 children

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/SuucnZvJPa>



Sign up will close on Wednesday 10th July



**Trenance**  
Learning Academy

**Kernow Learning**  
Building Excellent Schools Together



## HUER 2 HARBOUR

## PILCHARD RUN



**SATURDAY 22ND JUNE 2024**

START AT 11:00 AM | HUER'S HUT

REGISTRATION OPEN AT 10:00

FAMILY EVENTS AT NEWQUAY HARBOUR UNTIL 16:30

OPEN TO ALL NEWQUAY FAMILIES

**FOOD | DRINK | ENTERTAINMENT | COMMUNITY FUN**

TO REGISTER SCAN THE QR CODE OR FOLLOW THE LINK BELOW



OR

**CLICK**  
**HERE**



THE  
**BOATHOUSE**  
NEWQUAY

As the National College, we are developing resources to support schools in addressing potential risks and challenges that may arise in the future. These resources are designed to support schools in addressing potential risks and challenges that may arise in the future. These resources are designed to support schools in addressing potential risks and challenges that may arise in the future.

## 10 Top Tips for Parents and Educators FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges – like the pressure to win – and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

### 1 LEAD BY EXAMPLE

Parents, carers and teachers should try to exemplify fair play, demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to follow in their own actions on and off the field.

### 2 EFFORT OVER OUTCOME

Encourage children to focus on giving it their all, rather than basing their entire performance on whether they win or not. This fosters a growth mindset, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to 'win at all costs', which can be a harmful outcome in some situations.

### 3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

### 4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong focus on cooperation fosters camaraderie and mutual support among players.

### 5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they don't win every contest – that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and learn from their mistakes promotes resilience, humility and the ability to bounce back stronger from setbacks. Taking a loss in one's stride is also an admirable trait and one that children and young people can respect in their future life.

### 6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children feel welcome and valued, regardless of their skill level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

### 7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem-solving helps build stronger relationships and enhances their ability to navigate challenges, which can be a huge benefit to them throughout their adult lives.

### 8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the outcome. Respect for your teammates, opponents, coaches and officials helps to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

### 9 GIVE CONSTRUCTIVE FEEDBACK

Offer feedback that focuses on areas for improvement rather than unhelpful criticism. Make sure what is said is done well and advice on how to improve, rather than simply pointing out shortcomings. Encouraging growth mindset and highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

### 10 CELEBRATE GOOD SPORTSMANSHIP

Try to avoid solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practice this in the future, creating a culture of respect and camaraderie within the sports community that does wonders for morale.

### Meet Our Expert

Caroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/fair-play-and-friendly-competition>

[@wake\\_up\\_weds](https://x.com/wake_up_weds)

[www.thenationalcollege.com](https://www.thenationalcollege.com)

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Wake Up Wednesday

The National College